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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] PARRISH O B		2. Issuer Name and FEMALE HEAL					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director10% Owner			
(Last) (First) (Middle) 515 NORTH STATE STREET, SUITE 2225		3. Date of Earliest Tr 01/06/2010	ansaction (N	Aonth	/Day/Yea	r)	X_Officer (give title below) Other (specify below) Chairman, CEO and President			
(Street) CHICAGO, IL 60654		4. If Amendment, Da	te Original I	Filed	Month/Day/Y	(ear)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)		Table I - No	on-De	erivative S	Securitie	es Acqu	ired, Disposed of, or Beneficially Own	ed	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Owned Following Reported Transaction(s)		Beneficial
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock, par value \$.01 per share	01/06/2010		М		12,500	А	\$ 0.72	358,900	D	
Common Stock, par value \$.01 per share	01/06/2010		М		14,000	А	\$ 0.40	372,900	D	
Common Stock, par value \$.01 per share								225,000	Ι	Note (1)
Common Stock, par value \$.01 per share								233,501	Ι	Note (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

				(e.g., pu	ts, c	alls,	warrants	, options, conv	ertible securiti	ies)					
Derivative Security (Instr. 3)	Conversion		Execution Date, if	Code	tion)	n of Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial
				Code	v	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Common Stock Purchase Warrant	\$ 0.72	01/06/2010		М			12,500	02/18/2000	02/18/2010	Common Stock	12,500	\$ 0	0	D	
Common Stock Purchase Warrant	\$ 0.40	01/06/2010		М			14,000	02/18/2001	02/18/2011	Common Stock	14,000	\$ 0	0	D	

Reporting Owners

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
PARRISH O B 515 NORTH STATE STREET SUITE 2225 CHICAGO, IL 60654	Х		Chairman, CEO and President						

Signatures

/s/ James M. Bedore, Attorney-in-fact
**

Signature of Reporting Person



Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) The reporting person is deemed to indirectly own these shares which are held by the Geneva O. Parrish 1996 Living Trust of which Mr. Parrish is beneficiary and for which Mr. Parrish may be deemed to share voting and investment power.
- (2) The reporting person is deemed to indirectly own 233,501 shares held by Phoenix Health Care of Illinois, Inc. ("Phoenix"), of which the reporting person is an officer, director and shareholder. The reporting person disclaims beneficial ownership in the shares held by Phoenix except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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